

NICK BRUEL

BAD KITTY

GETS A
SHOT

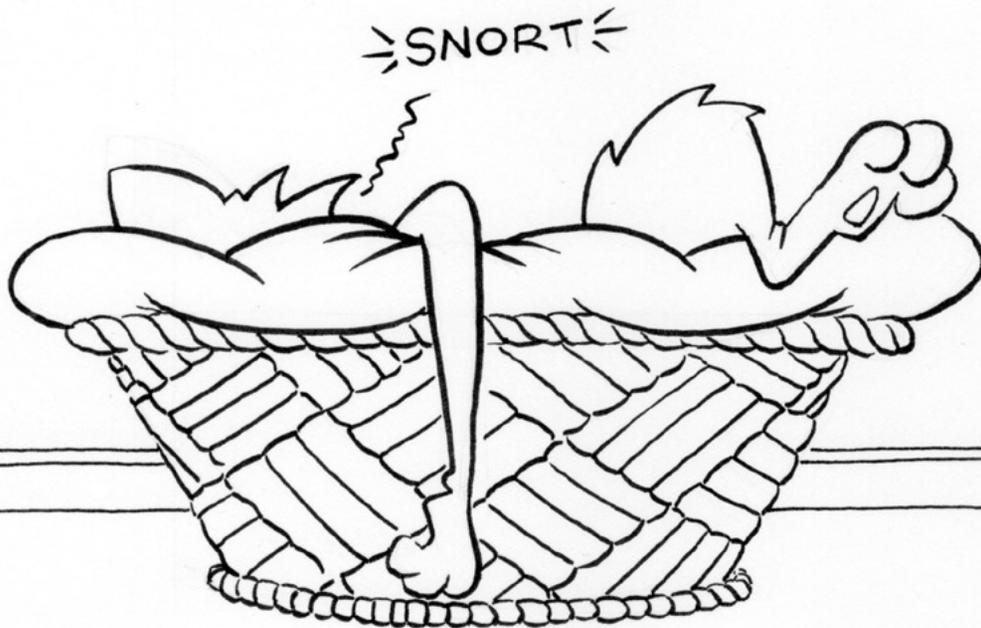


Good morning, Kitty!

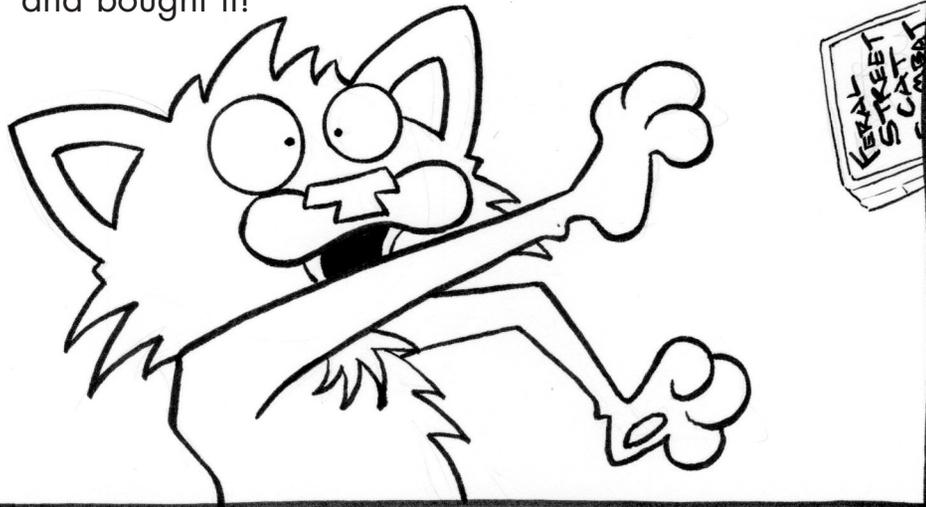
I have a very special breakfast for you today!

Eggs and bacon and toast and bacon and potatoes
and bacon and sausage and bacon and waffles and
bacon and bacon and bacon and extra bacon!

Your favorite!



Hey, you know that video game you wanted—*Feral Street Cat Combat IV*—the one I said was much too violent for you because of all the mutants and zombies and vampires? Well, I changed my mind and bought it!



But . . . uh . . . there is one teeny, tiny, little thing you have to do today, Kitty. Try to stay calm, okay? We have an appointment for you to get a . . .



This reminds me—do you remember how much you liked the new Love Love Angel Kitty movie because of all the explosions and fighting and car chases and vampires? Well, I bought the DVD!



... **SHOT!**





Kitty?



Kitty?

Hello?

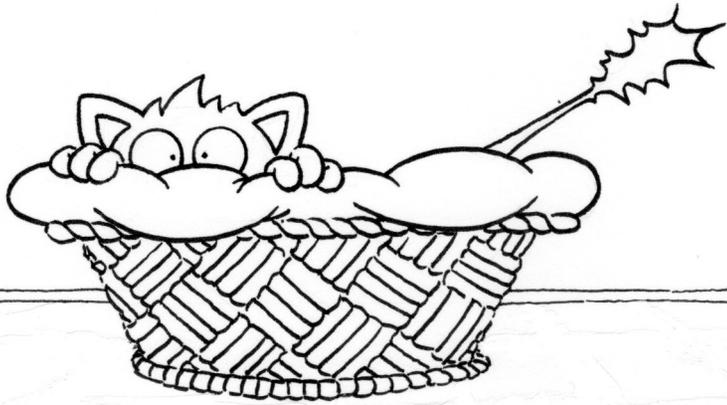


Are you okay?



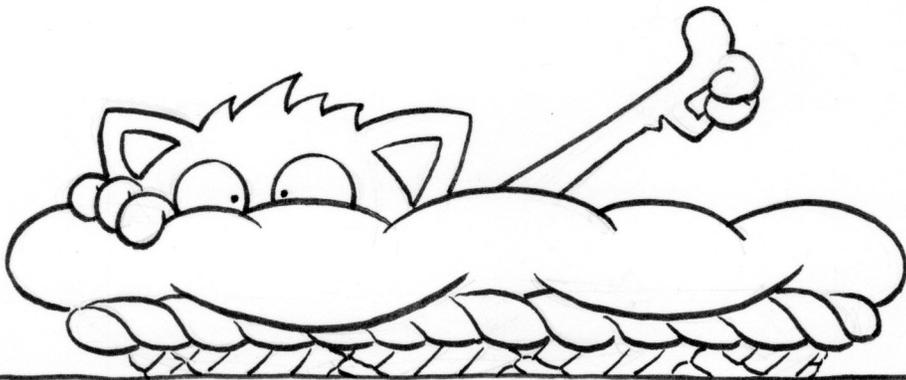
KITTY!

Why so dramatic? Do you know what a shot is? It's a vaccine. Vaccines are good! Vaccines are medicine that will keep you from getting sick someday.



You don't want to get sick, do you?

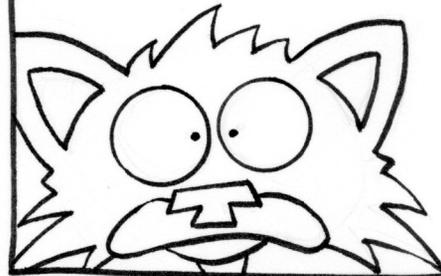
You do?!



You'd rather get sick than get a shot? That doesn't make sense, Kitty. The kinds of diseases that vaccines prevent are the kinds that can make you really, REALLY sick.



I'm not talking about the sniffles or a sore belly. I'm talking about becoming so sick that you can't get out of bed or go outside or see your friends for days, or weeks, or even longer.



I'm talking about becoming so sick that you might even have to go to the HOSPITAL!

But a vaccine can prevent that.

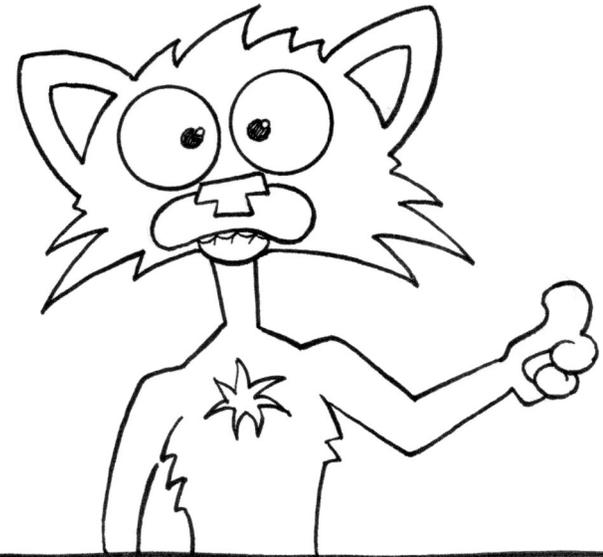
Kitty, if you ever get that sick, I promise I will take care of you because I love you. I just don't want you to get sick like that in the first place. And that's why you need to get a vaccine shot.

Okay?



Great! Thank you for being so brave, Kitty.

Let's get ready to go to the . . .



. . . **VET!**



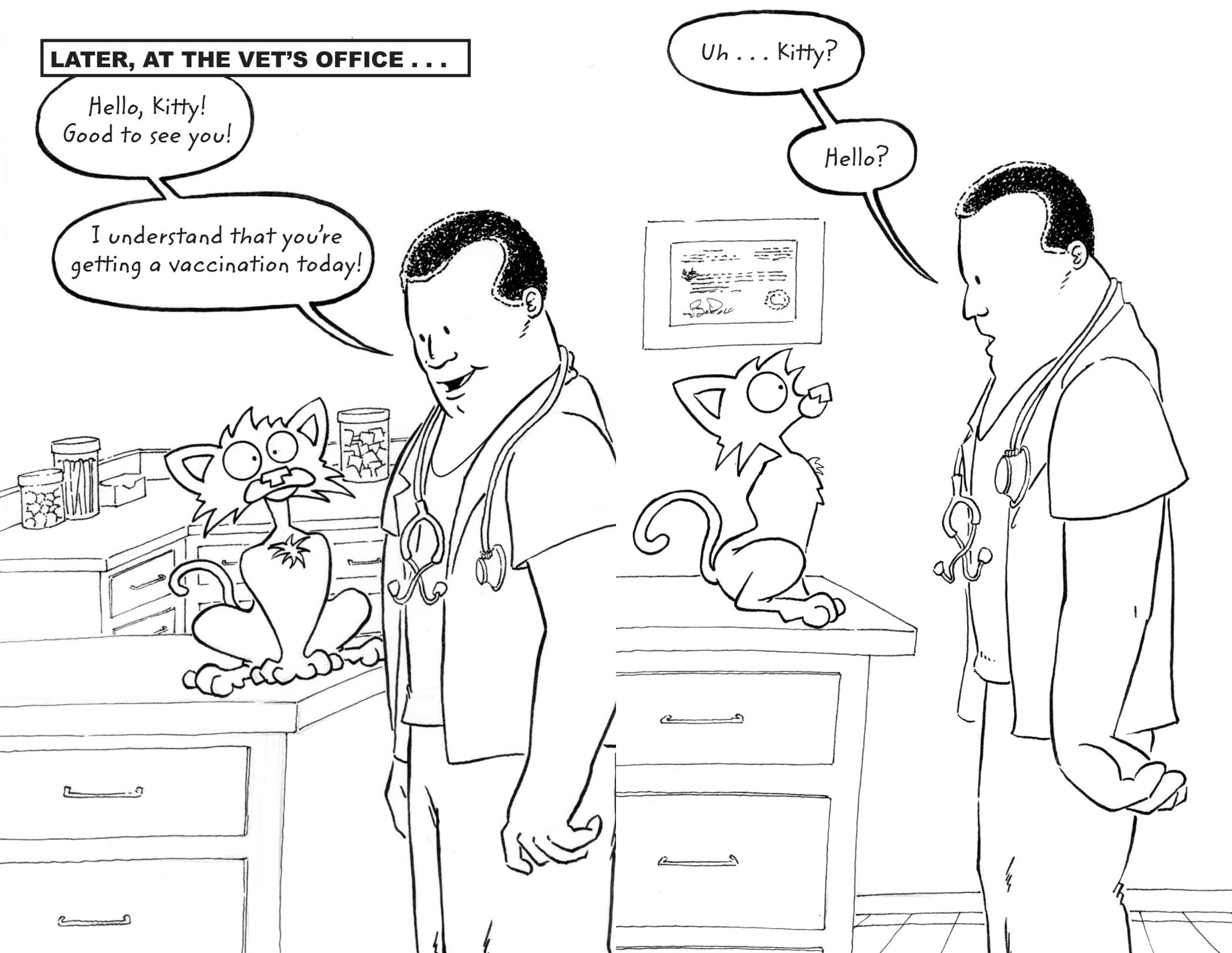
LATER, AT THE VET'S OFFICE . . .

Hello, Kitty!
Good to see you!

I understand that you're
getting a vaccination today!

Uh . . . Kitty?

Hello?





HI, KITTY! I AM
VET THE BARBARIAN!
WITH MY MIGHTY
SPEAR OF
VACCINATION, I
SHALL SMITE
THIS LOWLY FELINE!
THEN I WILL STEAL
ALL OF HER SNACKS
AND TOYS! I WILL EAT
HER SNACKS, BUT I
WILL GIVE HER TOYS TO
DOGS! THE DOGS WILL
CHEW ON HER TOYS—
CHEW-CHEW-CHEW-CHEW—
FOR ALL ETERNITY!
BWAH-HA-HA-HA!

I think Kitty's a little nervous about getting the shot.

That's okay, Kitty.



Those are knitting needles, Kitty. The needle I use is much smaller.



That's a sewing needle, Kitty. The needle I use is even smaller.

It's perfectly reasonable to be a little anxious! Would it help to know that the vaccination needle is very, very small?



That's the Seattle Space Needle, Kitty. The needle I use is much, MUCH smaller.

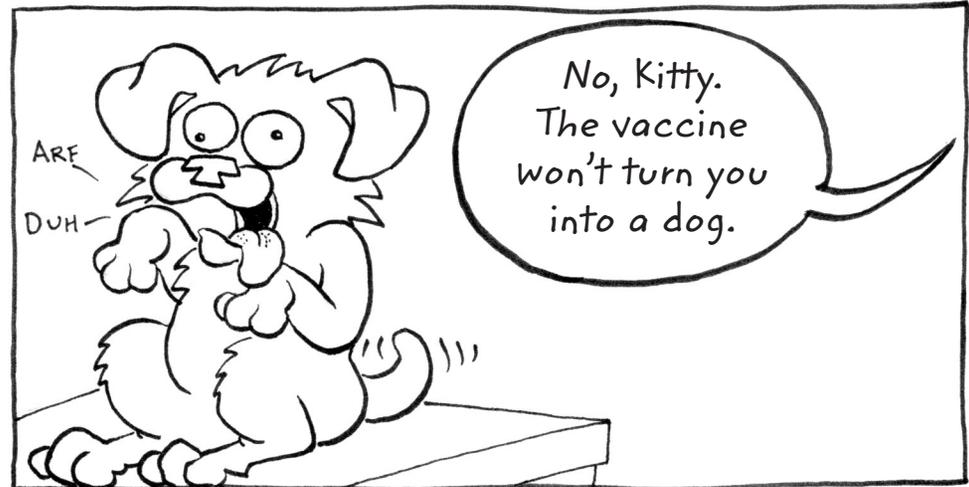
I'm glad you're asking me questions, Kitty. Asking your doctor questions is always a good idea!

Is there anything else you want to ask me?



OOF
GRUMBLE

No, Kitty. The vaccine won't make you old.



ARF
DUH

No, Kitty. The vaccine won't turn you into a dog.



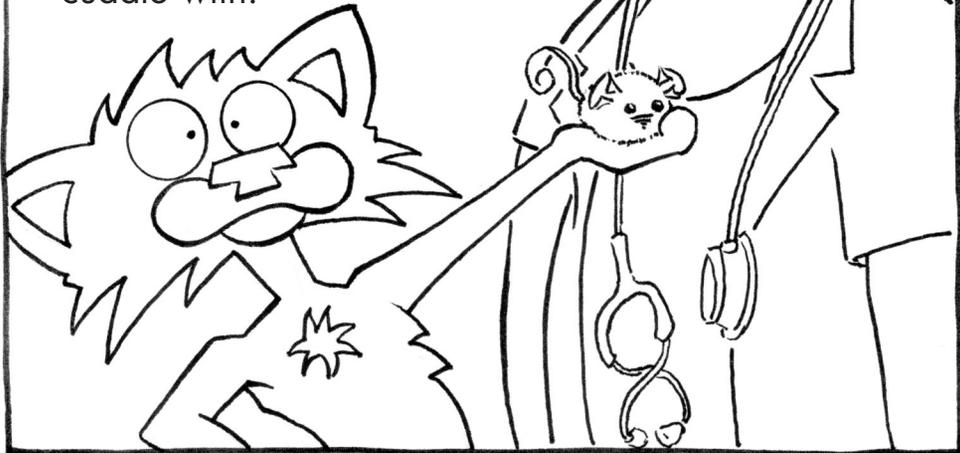
CLICK WHIRRR!

No, Kitty. The vaccine won't transform you into a mindless robot. The vaccine won't change you in any way!

But I'm glad you asked.

Kitty, did you bring anything to help you feel more comfortable while you get the shot?

Kitty brought Mousey-Mouse to cuddle with.



Kitty, let's do some simple breathing exercises to help you relax.

Inhale.



Exhale.



Kitty also brought some music to listen to while getting the shot.

Good idea!



Inhale.



Exhale.

Good!



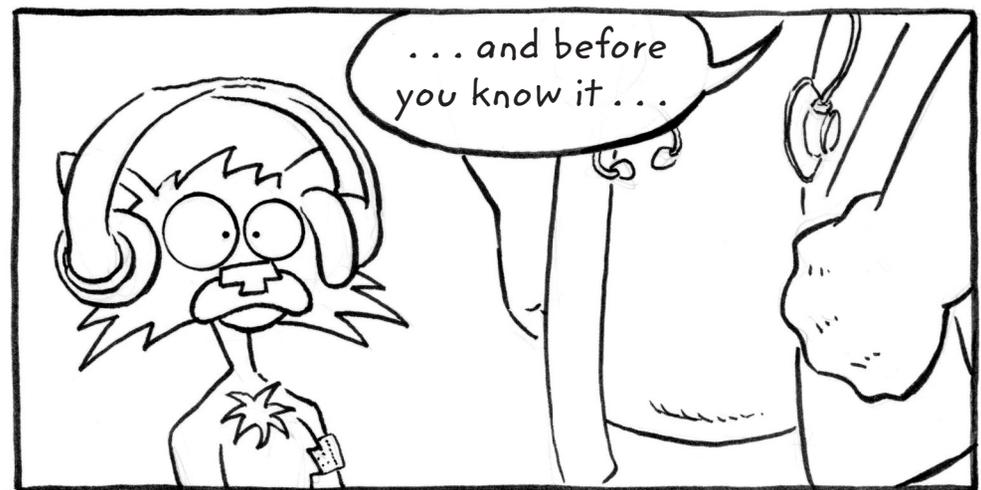
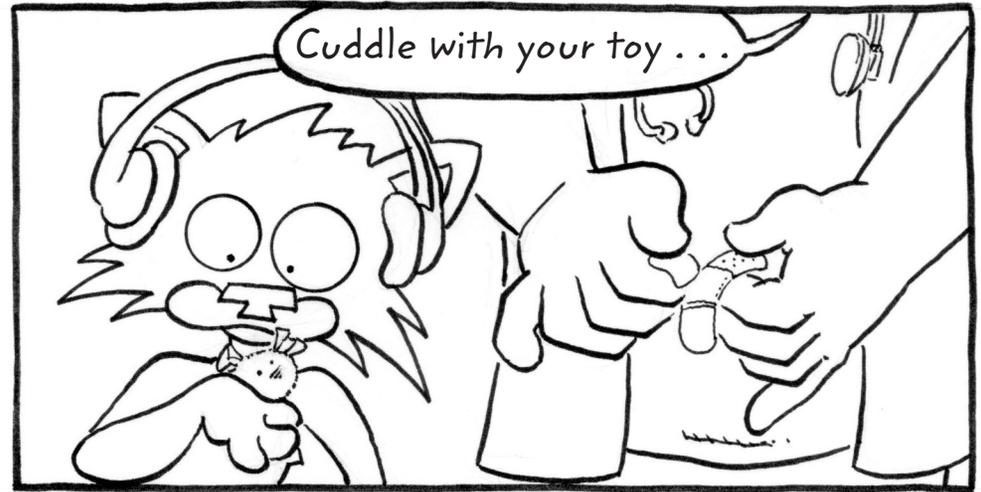
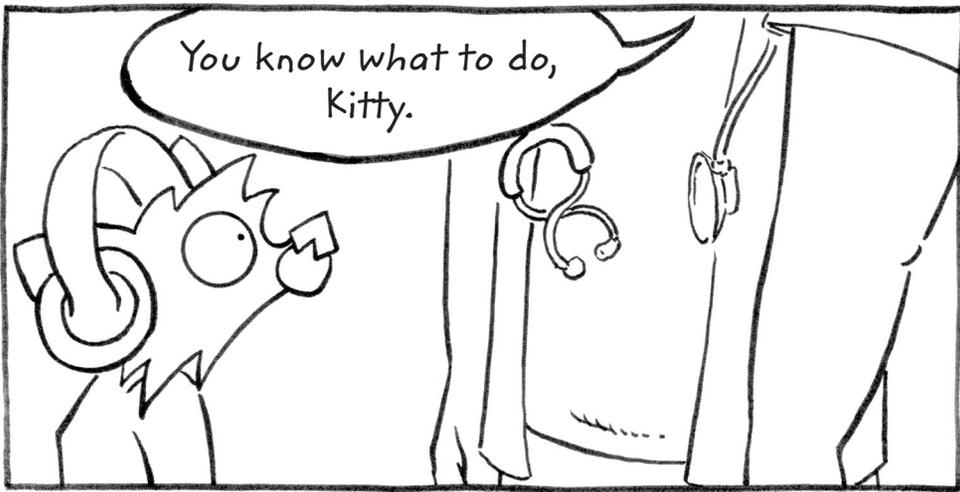


That wasn't the shot, Kitty. That was just an alcohol swab I wiped on your arm. It's cold, it's wet, and it smells funny. It cleans the area on your arm where the shot goes.



Kitty, another way to stay calm while getting a shot is to NOT look at the needle. Try to focus on something else in the room, like maybe one of the pictures on my wall.









GOOD
JOB!

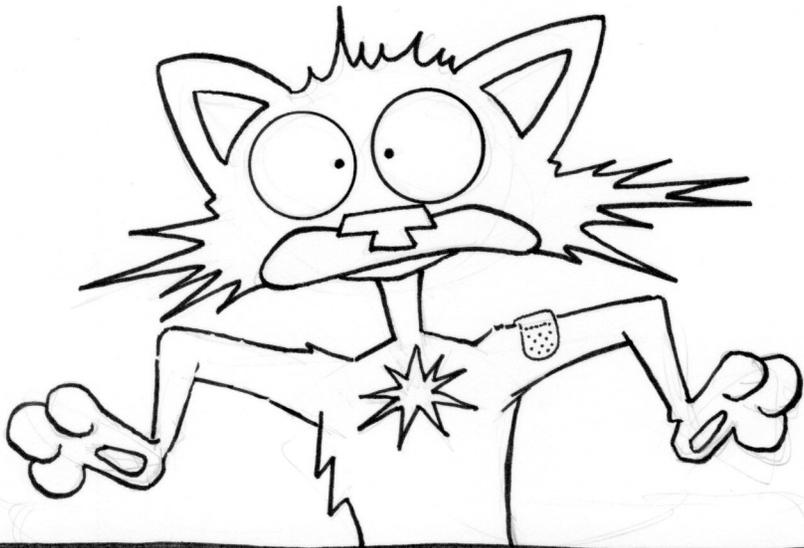
HOME AGAIN!

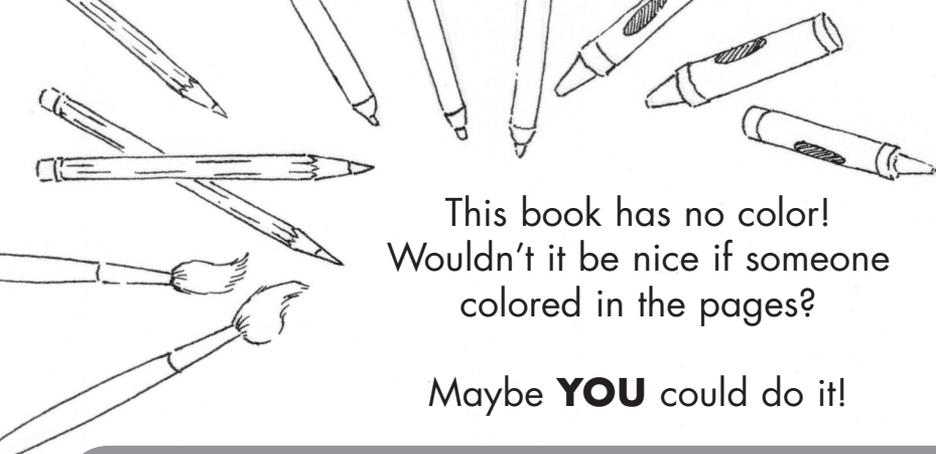
I'm very proud of you, Kitty! I know you were nervous about getting that shot, but once you understood how important it was, you were very brave and did the right thing.



I hope you'll be this brave next week when we visit your . . .

DENTIST!





This book has no color!
Wouldn't it be nice if someone
colored in the pages?

Maybe **YOU** could do it!

Dedicated to
Steven Burn, Syril Burn, Betty L. Hendricks,
Raymond Malouf, and Miriam E. Speight

Much thanks to Elaine Daly, RN, CSN, for reviewing the material in this
book and to school nurses everywhere for what you do.

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